



Blowing Bubbles Blowing bubbles is always fun for kids, and if they are stressed, scared, or upset, it is a quick way to bring them back to a calm, happy state. Bubbles can be easily made. Mix one cup of warm water, 2

Tablespoons of glycerin (available at any pharmacy), and 4 Tablespoons of regular dish soap (preferably biodegradable which is safer for children). Give it a good stir, mixing it all together. To make the wand, take a pipe cleaner, bend it into a circle (or any shape), and attach it tightly to any stick (chopsticks, popsicle sticks, straws, etc.)

